

DEC 2025 - JAN 2026 6-LANE POOL SCHEDULE

Schedule may vary due to program size, special events or weather.

During swim team practices members may need to ask the coaching staff for an available lane that should be available.

+ NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK! + Children 17 and under MUST be accompanied by an adult 21 or older.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CG+ MEMBERS Reserve a lap lane	
Pool Hours >	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	advance via the C	G App or through
Lanes >	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	the we	ebsite.
4:30 AM							
5:00 AM							
5:30 AM						SATURDAY	
6:00 AM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	7:00a-7:45p	
6:30 AM	OLOGED	CLOSED	OLOGED	OLOGED	OLOGED	1 2 3 4 5 6	SUNDAY
7:00 AM							8:00a-5:45p
7:30 AM							1 2 3 4 5 6
8:00 AM							
8:30 AM							
9:00 AM	-					MAIN	
9:30 AM	- -						
10:00 AM	-	SED			المتحالات	CLOSED	CLOSED
10:30 AM	-		-OR				
11:00 AM 11:30 AM	-		FUI			ZUZ	
12:00 PM		GEU			24 1,		
12:30 PM							
1:00 PM	UP		EFD				
1:30 PM	• •						
2:00 PM		N 1					
2:30 PM							
3:00 PM	-						
3:30 PM	-						
4:00 PM	-						
4:30 PM	-						
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							CLUB
8:00 PM							CLOSED
8:30 PM						CLUB	
9:00 PM						CLOSED	
9:30 PM							

6 Lane Pool is 25 yards and kept at 84 degrees. Pools are covered when temp is below 60

NO LIFEGUARDS ON DUTY until Spring 2026
SplashPad & Slide are seasonal April-September.



DEC 2025-JAN 2026 8-LANE POOL SCHEDULE

Schedule may vary due to program size, special events or weather.

The "Horseshoe" area of the 8-lane is reserved for
Aquatic Programming and when Slide is Open.

During swim team practices members may need to ask the coaching staff for an available lane that should be available.

+ NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK! +
Children 17 and under MUST be accompanied by an adult 21 or older.
Slide is CLOSED when No Lifeguard is present

		MONDAY		TUESDAY	WEDNESDAY THURSDAY				FRIDAY CG+ MEMBERSHIP BENEFIT					P BENEFIT:
Pool Hours >		4:30a-9:45p	4:30a-9:45p			4:30a-9:45p 4:30a-9:45p		4:30a-9:45p			Reserve a lap lane up to 72 hours in			
Lanes >	1 2	3 4 5 6 7 8	1 2 3 4 5 6 7 8		1 2 3 4 5 6 7 8		1	1 2 3 4 5 6 7 8		1 2 3 4 5 6 7 8		advance via the CG App or through		
4:30 AM		HSC practice (8 lanes)		Pool Covered Lap Lanes available in 6 lane Masters Swim		HSC practice (8 lanes)		Pool Covered Lap Lanes available in 6 lane		HSC practice		the w	ebsi	te.
5:00 AM														
5:30 AM								Masters Swim	(8 lanes)			SATURDAY		
6:00 AM				Team (6 lanes)				Team (6 lanes)				7:00a-7:45p		
6:30 AM					Ш						1 2	3 4 5 6 7 8		SUNDAY
7:00 AM				Pool		Pool					HSC practice		8:00a-5:45p	
7:30 AM								Pool				1	2 3 4 5 6 7 8	
8:00 AM											(8 lanes)			Masters Swim
8:30 AM														Team (6 lanes)
9:00 AM											HSC practice	HSC		
9:30 AM		Pool												
10:00 AM		Covered (Weather permitting there could be additional lap lanes available)		Covered		Covered		Covered		Pool			l	
10:30 AM			pern ((Weather permitting there could be additional lap lanes available)	(Weather permitting there could be additional lap lanes available)			(Weather permitting there		Covered				
11:00 AM							could be		(Weather permitting there					
11:30 AM 12:00 PM								additional lap lanes available)		could be additional lap lanes available)			Pool	
12:30 PM						, , , , , , , , , , , , , , , , , , , ,		,				Covered		
1:00 PM												Pool		(Weather
1:30 PM														permitting there could be
2:00 PM														additional lap
2:30 PM												Covered (Weather		lanes available)
3:00 PM					Ш						permitting there could be additional lap			
3:30 PM														
4:00 PM		HSC practice						HSC practice			lanes available)			
4:30 PM		(8 lanes)		HSC practice			(8 lanes)							
5:00 PM						HSC practice			HSC practice (8 lanes)					
5:30 PM	ters nes)	USC		(8 lanes)		(8 lanes)	ters	HSC HSC		(O laries)			C	LOSES AT 5:45PM
6:00 PM	Masters (2 lanes)	HSC					Masters (2 lanes)	a HSC						
6:30 PM		HSC					— HSC		Pool					
7:00 PM							ПЭС							
7:30 PM										Covered	CL	OSES AT 7:45PM	٥	LUB CLOSED
8:00 PM		Pool		Pool		Pool		Pool		Covered				LOD CLOSED
8:30 PM		Covered		Covered		Covered		Covered			CI	UB CLOSED		
9:00 PM					Ш									
9:30 PM	CL	OSES AT 9:45PM	CL	OSES AT 9:45PM	C	LOSES AT 9:45PM		CLOSES AT 9:45PM	CL	OSES AT 9:45PM				

HSC practices August-July. | Pool is 25 yards and temp is held at 80 degrees | HSC will adjust to only morning practice during Christmas - New Year's break.

**6 LANE RESURFACING IS SCHEDULED TO BE COMPLETED BY END OF JANUARY 2026. THERE WILL BE LIMITED LAP LANES AVAILABLE
IN THE 8 LANE DURING THIS TIME. PLEASE CHECK THE GAUSE INDOOR POOL SCHEDULE FOR ADDITIONAL LAP LANES.**