Gym Schedule

CG CROSS GATES FAMILY FITNESS

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Court 1	Court 2 (F)	Court 1	Court 2 (F)	Court 1	Court 2 (F)	Court 1	Court 2 (F)	Court 1	Court 2 (F)	Court 1	Court 2 (F)	Court 1	Court 2 (F)
TIME		Court 2 (B)		Court 2 (B)		Court 2 (B)		Court 2 (B)		Court 2 (B)		Court 2 (B)		Court 2 (B)
7:00a- 12:00p	Open Play	Helping Hands Preschool	Open Play till 8am Pickle Ball till noon	Open Play till 8am Pickle Ball till noon	Open Play	Helping Hands Preschool	Open Play till 8am Pickle ball	Open Play till 8am Pickle ball	Open Play	Helping Hands Preschool	Pickle Ball 7am-9am Open Play 9am-12pm	KidsZone (F) / Open play (B)	Open Play	Bday Parties (F)/ Open play(B)
12:00p- 2:00p	Pickle Ball F&B 2 nets	Pickle Ball F&B 2 nets	Open Play	Open play (F) / Open play (B)	Pickle Ball F&B 2 nets	Pickle Ball F&B 2 nets	Open Play	Open play (F) / Open play (B)	Pickle Ball 2 Nets	Pickle Ball F&B 2 nets	Open Play	Birthday Parties F&B	Open Play	Birthday Parties F&B
2:00p- 4:30p	Open Play	Open play (F) / Open play (B)	Open Play	Open play (F) / Open play (B)	Open Play	Open play (F) / Open play (B)	Open Play	Open play (F) / Open play (B)	Open Play	Open play (F) / Open play (B)	Open Play	Birthday Parties F&B	Open Play	Birthday Parties F&B
4:30p- 5:30p	Open Play	KidsZone (F) / Open play (B)	Open Play	KidsZone (F) / Open Play (B)	Open Play	Open play (F) / Open play (B)	Open Play	KidsZone (F) / Open Play (B)	Open Play	KidsZone (F) / Open play (B)	Open Play	Birthday Parties F&B	Open Play	Birthday Parties F&B
5:30p- 6:30p	Adult Open Play	KidsZone (F) / Open play (B)	FAST	KidsZone (F) / Open play (B)	Adult Open Play	KidsZone (F) /Supervised Sports (B)	FAST	Adult Open Play	Open Play	KidsZone (F) / Open play (B)	Open Play	Birthday Parties F&B	Open Play	Birthday Parties F&B
6:30p- 7:00p	Adult Open Play	KidsZone (F) / Open play (B)	FAST	KidsZone (F) / Open play (B)	Adult Open Play	KidsZone (F) /Supervised Sports (B)	FAST	Adult Open Play	Open Play	KidsZone (F) / Open play (B)	Open Play	Birthday Parties F&B	Open Play	Birthday Parties F&B
7:00p- 7:30p	Adult Open Play	KidsZone (F) / Open play (B)	FAST	KidsZone (F) / Open play (B)	Adult Open Play	KidsZone (F) /Supervised Sports (B)	FAST	Adult Open Play	Open Play	Special Event	Open Play	Birthday Parties F&B	Open Play	Birthday Parties F&B
7:30p- 8:30p	Open Play	Open Play	FAST	Pickle Ball F&B 2 nets	Open Play	Open Play	FAST	Pickle Ball F&B 2 nets	*Please call the front desk to verify if the gym is being used for a Special Event. If		Open Play	Birthday Parties F&B	*Please call the front desk to verify if the gym is being used for a Special Event. If	
8:30p- 10:00p	Open Play	Open Play	Open Play	Pickle Ball F&B 2 nets	Open Play	Open Play	Open Play	Pickle Ball F&B 2 nets	there is no scheduled, the open for bba				there is not an event scheduled, the gym will be open for bball open play.	

Sports Complex Policies: Open Play: During these times the gym is open to everyone to play basketball. Children under the age of 12 must be accompanied by an adult 21 or older. Adult Open Play: Ages 15 & older only. Supervised Play: Free for members, kids ages 12-14.