



## SUMMER 24 SCHEDULE

Have Questions? Want Help?  
Need Information?

Lauren Garman, Tennis Pro  
[Lauren@CrossGatesClub.com](mailto:Lauren@CrossGatesClub.com) 814.319.2197

Day	Group	Time	Location
<b>Monday</b>	<b>Intro to Pickleball</b> FREE Start-Up Tutorial- Becky (1st and 3rd Monday of each Month)	5:30-6:30pm	Outdoor
<b>Tuesday</b>	INDOOR OPEN PLAY Beginner Friendly Group Ambassador Play 10 am	10am - 12 Noon	Indoor
	INSTRUCTIONAL DRILLS: Intermediate * Pro Terri	9 am - 10:30am	Indoor
<b>Thursday</b>	INDOOR OPEN PLAY	10am - Noon	Indoor
	INSTRUCTIONAL DRILLS: Intermediate * Pro Terri	9 am - 10:30 am	Indoors
	INSTRUCTIONAL DRILLS: Beginner/Intermediate * Pro Lauren	6 pm - 7:30 pm	Outdoor
<b>Saturday</b>	INDOOR OPEN PLAY Must rent the nets from the Front Desk	7am - 9am	Indoor

**Court Reservations Available:** Cross Gates App, In person at Front Desk, or by phone 985.643.3500

## FREE PROGRAMMING FOR MEMBERS TO GET STARTED

**Intro to Pickleball:** This 1 hour tutorial with a coach will introduce you to the basics of the game of pickleball and then the opportunity to play. **Free for Members** \$20 for Non-members. Offered First and Third Monday of the Month - Spots are limited so please email [lauren@crossgatesclub.com](mailto:lauren@crossgatesclub.com)

**Open Play:** These are times that courts are scheduled to be open for group play, inviting other players to ensure there are enough people to play. There is no CG staff helping coordinate these time slots. Indoor open play could be 2 or 4 courts depending on the day - evening play is only 2 courts. **Free For Members**

**Ambassador Play-** Beginner friendly play on Tuesday mornings at 10 am with occasional help from a seasoned member from the pickleball community.

**50% Court No Banging:** one court will be dedicated to No Banging. This is a way to improve your strokes, work on strategy and develop a soft game, without the fear of being hit by the ball. This play is especially nice for beginners and individuals wanting to play a more traditional game.

## COACHING & TRAINING OPPORTUNITIES FOR PLAYERS

**Instructional Drills:** Beginner/ Intermediate Clinics available from our Pro Lauren Garman- \$70 | \$85 for 5 sessions. Each session is 1.5 hours - drop in available at \$15 | \$20 per session Space is limited to 12 and you must reserve a spot - contact Lauren at [Lauren@crossgatesclub.com](mailto:Lauren@crossgatesclub.com) to reserve. Discounts are given if you purchase a Drill Package.

**Specialized Drills -** Our Pro Terri Lamperez enjoys the opportunity to work with smaller groups... 3 - 4 players - if you are wanting to work with your partner and/or like a more personal approach to coaching.. This is perfect for you - Contact our Pro Terri Lamperez at [terri@crossgatesclub.com](mailto:terri@crossgatesclub.com) to find available times and rates.

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Lauren Garman, Director of Tennis

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