INDOOR POOL SCHEDULE

Indoor Pool is for fitness purposes only.

NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK!
Children 13 & 14 must be directly supervised by a parent.
Under 13 only allowed with a swim coach during a lesson.

Indoor Pool is closed 1st Friday of each month 5:30p-7p.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lanes >	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
12:00 AM	Lap Lanes	Lap Lanes	Lap Lanes	Lap Lanes	CLOSED for Cleaning	Lap Lanes	Lap Lanes
12:30 AM							
1:00 AM							
1:30 AM							
2:00 AM							
2:30 AM							
3:00 AM							
3:30 AM							
4:00 AM							
4:30 AM							
5:00 AM							
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM	Water Aerobics (5 lanes)	Water Aerobics (5 lanes)	Water Aerobics (5 lanes)	Water Aerobics (5 lanes)	Water Aerobics (5 lanes)	Swim Lessons	Swim Lessons
9:30 AM							
10:00 AM	Physical Therapy	Physical Therapy	Physical Therapy	Physical Therapy	Physical Therapy	Lap Lanes	Lap Lanes
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM	6:45p-7:45p Water Aerobics (5 lanes)			6:45p-7:45p Water Aerobics (5 lanes)			
7:00 PM							
7:30 PM							
8:00 PM				CLOSED for Cleaning			
8:30 PM							
9:00 PM							
9:30 PM							
10:00 PM							
10:30 PM							
11:00 PM							
11:30 PM							

Swim Lessons

Group Swim Lessons (4:30-6:30p)

Indoor Pool is 21 meters

OUTDOOR POOL SCHEDULE

Outdoor Pool closes at 8:00pm daily.
Schedule may vary due to program size, special events or weather.
During swim team practices members may need to ask the coaching staff for an available lane that should be available.
NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK!
Children 17 and under MUST be accompanied by an adult 21 or older.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool Hours >	4:30a-8:00p	4:30a-8:00p	4:30a-8:00p	4:30a-8:00p	4:30a-8:00p	4:30a-8:00p	4:30a-8:00p
Lanes >	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6
4:30 AM	Lap Lanes	Lap Lanes	Lap Lanes	Lap Lanes	Lap Lanes	FREE SWIM	FREE SWIM
5:00 AM							
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM					FREE SWIM		
5:30 PM	Masters Swim Team (4 lanes)			Masters Swim Team (4 lanes)			
6:00 PM							
6:30 PM							
7:00 PM	(Pool closes at 8:00 PM)	(Pool closes at 8:00 PM)	(Pool closes at 8:00 PM)	(Pool closes at 8:00 PM)	(Pool closes at 8:00 PM)	(Pool closes at 8:00 PM)	(Pool closes at 8:00 PM)
7:30 PM							

Outdoor pool is 22 meters