



FALL/ WINTER 2023 6-LANE POOL SCHEDULE

Schedule may vary due to program size, special events or weather.
During swim team practices members may need to ask the coaching staff for an available lane that should be available.

NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK!
Children 17 and under MUST be accompanied by an adult 21 or older.

		MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY					
Pool Hours >		4:30a-9:45p						4:30a-9:45p						4:30a-9:45p						4:30a-9:45p						4:30a-9:45p						7:00a-7:45p						8:00a-5:45p					
Lanes >		1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6						
4:30 AM																																											
5:00 AM																																											
5:30 AM																																											
6:00 AM		Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes					
6:30 AM																																											
7:00 AM																																											
7:30 AM																																											
8:00 AM																																											
8:30 AM																																											
9:00 AM		Water Aerobics (4 lanes)						Water Aerobics (4 lanes)						Water Aerobics (4 lanes)						Water Aerobics (4 lanes)						Water Aerobics (4 lanes)						Water Aerobics (4 lanes)						Water Aerobics (4 lanes)					
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5:00 PM																																											
5:30 PM		Masters Swim Team (5 lanes)						Masters Swim Team (5 lanes)						Masters Swim Team (5 lanes)						Masters Swim Team (5 lanes)						Masters Swim Team (5 lanes)						Masters Swim Team (5 lanes)											
6:00 PM																																											
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CG+ MEMBERSHIP BENEFIT:
Reserve a lap lane up to 72 hours in advance via the CG App or through the website.

SATURDAY

7:00a-7:45p

123456

SUNDAY

8:00a-5:45p

123456

4 lanes Covered until 10:00 AM

Lap Lanes

Lap Lanes

4 lanes Covered at 4:00 PM

CLOSES AT 5:45PM

4 lanes Covered at 6:00 PM

CLOSES AT 7:45PM

CLUB CLOSED

CLUB CLOSED

CG+ MEMBERSHIP BENEFIT:
Reserve a lap lane up to 72 hours in advance via the CG App or through the website.

6 Lane Pool is kept at 84 degrees.

FALL/WINTER 2023

8-LANE POOL SCHEDULE