

FALL/ WINTER 2023 6-LANE POOL SCHEDULE

Schedule may vary due to program size, special events or weather.

During swim team practices members may need to ask the coaching staff for an available lane that should be available.

NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK! Children 17 and under MUST be accompanied by an adult 21 or older.

	MONDAY	TUESDAY WEDNESDAY	THURSDAY FRIDAY	CG+ MEMBERSHIP BENEFIT: Reserve a lap lane up to 72 hours in
Pool Hours >	7.00a 5.75p	4:30a-9:45p 4:30a-9:45p	4:30a-9:45p 4:30a-9:45p	advance via the CG App or through
Lanes >	1 2 3 4 5 6	1 2 3 4 5 6 1 2 3 4 5 6	1 2 3 4 5 6 1 2 3 4 5 6	the website.
4:30 AM				
5:00 AM				
5:30 AM	<u> </u>			SATURDAY
6:00 AM	Lap Lanes	Lap Lanes Lap Lanes	Lap Lanes Lap Lanes	7:00a-7:45p
6:30 AM	Lup Luiioo	Lap Lance Lap Lance		1 2 3 4 5 6 SUNDAY
7:00 AM				8:00a-5:45p
7:30 AM	4			123456
8:00 AM	_			4 lanes
8:30 AM				Covered until
9:00 AM 9:30 AM	Water Aerobics (4 lanes)	Water Aerobics (4 lanes) Water Aerobics (4 lanes)	Water Aerobics (4 lanes) Water Aerobics (4 lanes)	10:00 AM
10:00 AM	(4 idi103)	(4 iaics)	(4 idies)	
10:30 AM	-			Lap Lanes Lap Lanes
11:00 AM	-			
11:30 AM	-			
12:00 PM	-			
12:30 PM	1			
1:00 PM	_	1: ': '		
1:30 PM	Lap Lanes	Lap Lanes Lap Lanes	Lap Lanes Lap Lanes	
2:00 PM	1	1	1	
2:30 PM				
3:00 PM	1			
3:30 PM				
4:00 PM				4 lanes
4:30 PM	<u> </u>			Covered at
5:00 PM				4:00 PM
5:30 PM	Masters Swim		Masters Swim	CLOSES AT 5:45PM
6:00 PM	Team (5 lanes)		Team (5 lanes)	4 lanes
6:30 PM	-			Covered at 6:00 PM
7:00 PM	-			
7:30 PM 8:00 PM				CLOSES AT 7:45PM CLUB CLOSED
8:00 PM 8:30 PM	4 lanes	4 lanes 4 lanes	4 lanes 4 lanes	CLOSED
9:00 PM	Covered at 8:00 PM	Covered at 8:00 PM 8:00 PM	Covered at 8:00 PM 8:00 PM	CLOSED
9:30 PM	CLOSES AT 9:45PM			CLOSED
3.50 F W	CLUSES AT 9:45PM	CLOSES AT 9:45PM CLOSES AT 9:45PM	CLOSES AT 9:45PM CLOSES AT 9:45PM	

6 Lane Pool is kept at 84 degrees.



FALL/WINTER 2023 8-LANE POOL SCHEDULE

Schedule may vary due to program size, special events or weather.

The "Horseshoe" area of the 8-lane is reserved for Aquatic Programming.

During swim team practices members may need to ask the coaching staff for an available lane that should be available.

NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK! Children 17 and under MUST be accompanied by an adult 21 or older.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CG+ MEMBER	SHIP BENEFIT:
Pool Hours >	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	Reserve a lap lane up to 72 hours in advance via the CG App or through the website.	
Lanes >	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8		
4:30 AM	HSC practice (8 lanes)	Pool Covered		Pool Covered	HSC practice (8 lanes)		
5:00 AM		Lap Lanes available in 6 lane	HSC practice	Lap Lanes available in 6 lane Masters Swim Team (6 lanes)			
5:30 AM		Masters Swim	(8 lanes)			SATURDAY	
6:00 AM		Team (6 lanes)				7:00a-7:45p	
6:30 AM		Pool Covered Lap Lanes available in 6 lane	Pool Covered Lap Lanes available in 6 lane	Pool Covered Lap Lanes available in 6 lane	Pool Covered Lap Lanes available in 6 lane	1 2 3 4 5 6 7 8	SUNDAY
7:00 AM						HSC practice (8 lanes)	8:00a-5:45p
7:30 AM							1 2 3 4 5 6 7 8
8:00 AM							Masters Swim
8:30 AM							Team (6 lanes)
9:00 AM	Pool Covered Lap Lanes available in 6 lane						
9:30 AM							
10:00 AM						L	Pool Covered Lap Lanes available in 6 lane until 5:45pm
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM		HSC practice (8 lanes)	HSC practice (8 lanes)	HSC practice (8 lanes)	HSC practice (8 lanes)		
2:30 PM							
3:00 PM							
3:30 PM	HSC practice (8 lanes)						
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM					Pool Covered Lap Lanes available in 6 lane until 9:45pm		
6:00 PM							
6:30 PM							
7:00 PM							CLUB CLOSED
7:30 PM	Pool Covered Lap Lanes available in 6 lane until 9:45pm	Pool Covered Lap Lanes available in 6 lane until 9:45pm	Pool Covered Lap Lanes available in 6 lane until 9:45pm	Pool Covered Lap Lanes available in 6 lane until 9:45pm		CLUB CLOSED	
8:00 PM							
8:30 PM							
9:00 PM							

REPLASTERING OF 8 LANE POOL **COMING NOV 2023**

* HSC practices August-July. | 8-Lane Pool schedule will be adjusted for March 2024.