

## FALL 2023 6-LANE POOL SCHEDULE

Schedule may vary due to program size, special events or weather.

During swim team practices members may need to ask the coaching staff for an available lane that should be available.

NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK! Children 17 and under MUST be accompanied by an adult 21 or older.

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CG+ MEMBERSHIP BENEFIT: Reserve a lap lane up to 72 hours in	
Pool Hours >	4.50a-3.45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	advance via the CG App or through the website.	
Lanes >	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	the website.	
4:30 AM							
5:00 AM							
5:30 AM						SATURDAY	
6:00 AM	Lap Lanes	Lap Lanes	Lap Lanes	Lap Lanes	Lap Lanes	7:00a-7:45p	
6:30 AM						1 2 3 4 5 6 SUNDAY	
7:00 AM						8:00a-5:45p	
7:30 AM						123456	
8:00 AM							
9:00 AM							
9:30 AM	Water Aerobics (4 lanes)	Water Aerobics (4 lanes)	Water Aerobics (4 lanes)	Water Aerobics (4 lanes)	Water Aerobics (4 lanes)		
10:00 AM	(4 Idilos)	(4 10105)	(4 10.105)	(4 10100)	(4 Idilos)		
10:30 AM						Lap Lanes   Lap Lanes	
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM	Lap Lanes	Lap Lanes	Lap Lanes	Lap Lanes	Lap Lanes		
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	HS swim	HS swim	HS swim	HS swim			
4:30 PM	team	team	team	team		(Pool Deck closes at	
5:00 PM						5:45 PM)	
5:30 PM		T.S. Practice	T.S. Practice	T.S. Practice			
6:00 PM	Masters Swim	(5 lanes)	(5 lanes)	(5 lanes) Ends Nov 2			
6:30 PM	Team (5 lanes)	Ends Nov 2	Ends Nov 2	Enas Nov 2		(Pool Deck closes at	
7:00 PM				Masters Swim		7:45 PM) CLUB	
7:30 PM				Team (5 lanes)		CLOSED	
8:00 PM						CLUB	
8:30 PM 9:00 PM	(Pool Deck closes at	(Pool Deck closes at	CLOSED				
9.00 PM	9:45 PM)	9:45 PM)	9:45 PM)	9:45 PM)	9:45 PM)		

Next Pool Schedule update October 23, 2023



## FALL 2023 8-LANE POOL SCHEDULE

Schedule may vary due to program size, special events or weather.

The "Horseshoe" area of the 8-lane is reserved for Aquatic Programming.

During swim team practices members may need to ask the coaching staff for an available lane that should be available.

NO LIFEGUARDS ON DUTY = SWIM AT YOUR OWN RISK! Children 17 and under MUST be accompanied by an adult 21 or older.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CG+ MEMBERS	SHIP BENEFIT:
Pool Hours >	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	4:30a-9:45p	Reserve a lap lane up to 72 hours in	
Lanes >	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	advance via the C	
4:30 AM		Pool Covered		Pool Covered		the we	ebsite.
5:00 AM	HSC practice (6 lanes)	Lap Lanes available in 6 lane	HSC practice (6 lanes)	Lap Lanes available in 6 lane	HSC practice (6 lanes)		
5:30 AM	(o lanes)	Masters (6 lanes)	(o lailes)	Masters (6 lanes)	(o lanes)	SATURDAY	
6:00 AM	HSC & HS practice	Masters & HS	HSC & HS practice	Masters & HS	HSC & HS practice	7:00a-7:45p	
6:30 AM	HS practice	HS practice	HS practice	HS practice	HS practice	1 2 3 4 5 6 7 8	SUNDAY
7:00 AM							8:00a-5:45p
7:30 AM							1 2 3 4 5 6 7 8
8:00 AM						HSC practice	Masters Swim
8:30 AM						(6 lanes)	Team (6 lanes)
9:00 AM							
9:30 AM							
10:00 AM	Pool Covered	Pool Covered	Pool Covered	Pool Covered	Pool Covered		
10:30 AM	Lap Lanes available in 6 lane	Lap Lanes available in 6 lane	Lap Lanes available in 6 lane	Lap Lanes available in 6 lane	Lap Lanes available in 6 lane		
11:00 AM	o lane	o lane	o lane	o idire	o lano		
11:30 AM							
12:00 PM							
12:30 PM							Pool Covered
1:00 PM							Lap Lanes available in
1:30 PM							6 lane until 5:45pm
2:00 PM	HS swim team	HS swim team	HS swim team	HS swim team		Pool Covered	
2:30 PM	practice (6 lanes)	practice (6 lanes)	practice (6 lanes)	practice (6 lanes)	HS swim team	Lap Lanes available in	
3:00 PM	HS swim team	HS swim team	HS swim team	HS swim team	practice	6 lane until 7:45pm	
3:30 PM	practice (7 lanes)	practice (7 lanes)	practice (7 lanes)	practice (7 lanes)	(6 lanes)		
4:00 PM	* Ends Nov 16 *	* Ends Nov 16 *	* Ends Nov 16 *	* Ends Nov 16 *			
4:30 PM					HSC practice		
5:00 PM					(6 lanes)		
5:30 PM	HSC practice	HSC practice (6 lanes)	HSC practice	HSC practice			
6:00 PM	(6 lanes)	(0 14/103)	(6 lanes)	(6 lanes)			
6:30 PM							
7:00 PM		HSC practice (5 lanes)			Pool Covered		CLUB CLOCED
7:30 PM		Navy (3 lanes)			Lap Lanes available in 6 lane until 9:45pm		CLUB CLOSED
8:00 PM	Pool Covered	Dool Covered	Pool Covered	Pool Covered	о іапе иниі э.4эріп	CLUB CLOCED	
8:30 PM	Lap Lanes available in 6 lane until 9:45pm	Pool Covered Lap Lanes available in 6	Lap Lanes available in 6 lane until 9:45pm	Lap Lanes available in 6 lane until 9:45pm		CLUB CLOSED	
9:00 PM	о ките ини 9.45рт	lane until 9:45pm	о ките ини 9.45рт	о ките инш э.4эрт			