

With CGPlus+ you can reserve a swimlane up to 72 hours in advance!
 Ask the Front Desk about adding CGPlus+ to your membership - Your first 30 days are FREE!

Summer Schedule - Effective May 23, 2022

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Time	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
5:15 - 6:15am	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes
6:15 - 9am	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
9 - 10am	Water Aerobics	Lap Swim 6 Lanes	Water Aerobics	Lap Swim 6 Lanes	Water Aerobics	Lap Swim 6 Lanes	Water Aerobics	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
10am - 12:30pm	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 3 Lanes, Camp 2 Lanes, Lap Swim 1 Lane	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 3 Lanes, Camp 2 Lanes, Lap Swim 1 Lane	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 3 Lanes, Camp 2 Lanes, Lap Swim 1 Lane	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 3 Lanes, Camp 2 Lanes, Lap Swim 1 Lane	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 3 Lanes, Camp 2 Lanes, Lap Swim 1 Lane	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes
12:30 - 2:30pm	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 3 Lanes, Camp 3 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes
2:30 - 4:30pm	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 2 Lanes, Swim Team 3 Lanes, Lap Swim 1 Lane	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 2 Lanes, Swim Team 3 Lanes, Lap Swim 1 Lane	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 2 Lanes, Swim Team 3 Lanes, Lap Swim 1 Lane	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 2 Lanes, Swim Team 3 Lanes, Lap Swim 1 Lane	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Free Swim 2 Lanes, Swim Team 3 Lanes, Lap Swim 1 Lane	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes
4:30 - 6:00pm	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes
6:00 - 6:30pm	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes
6:30-7:30pm	Water Aerobics	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Free Swim 4 Lanes, Lap Swim 2 Lanes
7:30 - 8pm	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	Closes at 8pm For Cleaning	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed

Indoor Pool: For fitness purposes and programming only. Under the age of 18 must be directly supervised by a parent. It is closed the 1st Friday of each month from 5:30-7:00pm.

CGPlus+ Lanes are reserved for CGPlus+ Members first - Check with the Front Desk to make sure there are no reservations before using a CGPlus+ Lane.

Outdoor Pool: Closes at 8pm daily. Under the age of 18 must be directly supervised by a parent. Schedule may vary due to program size, special events or weather.