

# Helpful Pool Guidelines And Safety Tips

## POOL SCHEDULE

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- Pools open at 10am for free swim for families.
- Pool lanes are scheduled for programming such as lap swim, swim lessons, swim teams, etc. please check the schedules online or at the information centers so you can be familiar when are the best times for you to use the pool for your favorite activity.

## POOL AGES

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- 👍 Lifeguards are present, kids 12 and older may swim without an adult.
- 🚫 NO Lifeguards are on duty, kids under the age of 18 must have an adult 21 or older supervising them.
  - Baby Pool is ages 2 and under
    - Strictly enforced
  - Activity Pool is recommended 12 and under
    - Older children please be cautious of younger children playing
  - Splash Park is all ages
    - Younger children should be accompanied by an adult
  - Waterslide is for members all ages who are 44 inches and taller
    - Single riders only, no children in parents laps allowed.
  - Adult Only Tanning area is 21 and older with no children
    - Strictly enforced

## KIDS BREAK

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- It is recommended that children take a break every hour to rest.
- When lifeguards are on duty, we call "kids break" at 10 mins before the top of the hour. All children, even if supervised by parents, must exit ALL pools and water features.
- 👍 Kids Break Is A Great Time To:  
Rest | Hydrate | Find Shade | Have A Treat | Apply Sunscreen | Regroup With Family

## REMINDERS

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- 🚫 Please no large rafts or pool toys. This is for your safety, they crowd the water and lifeguards or parents cannot see children who might need help.
- 👍 Arm floaties, life vests and rings with bottoms are allowed. You can also bring noodles, squirt toys, dive sticks, soft nerf like throwing toys.
- 🚫 Please do not bring outside food or ice chests to the club.
- 👍 We have our own restaurant that can provide you with meals, snacks and beverages.
- 🚫 No smoking or vaping on premises.
- 👍 We are a nicotine and smoke free facility.