



## THE SPA & LIFESTYLE STORE CROSS GATES

### Massage

#### THE SPA SIGNATURE SERVICES

##### RELAX MASSAGE

From this traditional swedish massage, you can expect gentle manipulation of the muscles with the use of massage oils. Used to improve circulation, ease muscle aches and tension, improve flexibility and create relaxation. This is the best experience to alleviate stress and relax.

30 Min. \$50 / 60 Min. \$80 / 90 Min. \$110

##### REJUVENATE MASSAGE

This deep tissue session will help relieve muscle tension and soreness. If you're tired and want to feel better, this is the service you need. Due to its customized nature, for 30 and 60 min. sessions expect targeted areas of work; the 90 minute session is recommended for full body.

30 Min. \$65 / 60 Min. \$95 / 90 Min. \$135

##### RESTORE MASSAGE

Improve your performance with a restorative full body massage encompassing warm himalayan salt stones with light to moderate pressure gliding over your skin warming muscle tissue, effectively dissolving tension, improving circulation & inducing deep rejuvenating rest.

60 Min. \$85 / 90 Min. \$130 / 120 Min. \$165

#### JUST FOR YOU SERVICES

##### DUET SUITE COUPLE'S MASSAGE

Customize your experience by picking the massage that works the best for each of you and schedule to enjoy together in our exclusive duet suite. Celebrate a special occasion, reconnect by spending time together or make it a surprise for the one you love.

Request pricing for your specific service.

##### EXPECTANT MOTHER MASSAGE

Designed to give relief to the special needs of the expectant mother to be. Feel comforted and safe as our experienced, nurturing therapists take care of you and your little one.

30 Mins \$50 / 60 Min \$75

##### SPORTS SPECIFIC MASSAGE

Improve your performance with this invigorating and active service that focuses on stretching and lengthening specific muscle groups.

30 Min. \$50 / 60 Min. \$75 / Floor & Mat Stretching \$1.25 per min.

*Discounted Spa Series Available For Multiple Services  
VIP Relax & Retail Experience Available*

# Facials & Peels

## CUSTOMIZED FACIALS

Pick your service and then customize with your esthetician

### ENRICH Firming and Moisturizing

60 Min \$100 / 90 Min \$135

### EMERGE Brightening and Clear

60 Min \$110 / 90 Min \$145

### EXPERIENCE Organic Facial

30 Min \$50 / 60 Min \$75

## GENTLEMAN'S FACIAL

Enjoy this indulging facial customized to men's skincare needs.

30 Min \$50 / 60 Min \$75

## CUSTOMIZED PEELS

Consult with your licensed esthetician to pick from our 5 facial peel options to improve pigmentation, aging, firming, brightening, oxygenating and more.

Starting at \$110

# Beauty

## MANICURES

Choose from a traditional polish that hardens as you wear and lasts for 7 days, or a shellac gel polish that is reinforced under an LED lamp and prevents chipping for up to 2 weeks!

Traditional \$20 / Gel \$30

## EYEBROW TINTING & SHAPING

Receive a customized look from your brow professional! Start with shaping that includes mapping, waxing and tweezing to achieve the perfect look. Upgrade your service to add a custom blend of semi-permanent tint to add depth, increase dimension and definition.

Shaping \$15 / Tinting \$25 / Both \$35

## EYELASH EXTENSIONS

Start with a consultation from your lash professional that will help you decide your custom look to fill in your lashes with length, volume or a combination of both. Keep them looking their best with simple refills.

Classic \$125 / Refill \$60

Hybrid \$165 / Refill \$70

Volume \$185 / Refill \$75

## WAXING

Maintain beautiful, smooth skin from head to toe.

We offer full bodied waxings starting at \$15.

## AIRBRUSH TANNING

Get the most realistic, customized sunless tan. Lasts 10-14 days. Fast and easy—10 to 20 min for a full body session.

1 Service \$40 / 3 Services \$110 / 5 Services \$175

---

**BOOK ONLINE: [CROSSGATESCLUB.COM/SPA](http://CROSSGATESCLUB.COM/SPA)**

NON-MEMBERS WELCOME

COMPLIMENTARY CHILD CARE SERVICES INCLUDED

200 N MILITARY ROAD | 4038 PONTCHARTRAIN DRIVE

LICENSE #E2922

LICENSE #E2963

**985-643-3500**