

POOL SCHEDULE

Winter Schedule - Effective October 29, 2018

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
5:15 - 6:15am	Aqua Extreme	Lap Swim 6 Lanes	Aqua Extreme	Lap Swim 6 Lanes	Aqua Extreme	Lap Swim 6 Lanes	Aqua Extreme	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes
6:15 - 9am	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes
9 - 10am	8:45-9:45 Water Aerobics	Lap Swim 6 Lanes	Aqua Zumba	Lap Swim 6 Lanes	Water Aerobics	Lap Swim 6 Lanes	Aqua Zumba	Lap Swim 6 Lanes	Aqua Zumba	Lap Swim 6 Lanes	Water Aerobics	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes
10am - 12:30pm	1 Lane PT, 2 Lanes ISR, 2 Lanes Lap	Lap Swim 6 Lanes	2 Lanes ISR, 3 Lanes Lap	Lap Swim 6 Lanes	1 Lane PT, 2 Lanes ISR, 2 Lanes Lap	Lap Swim 6 Lanes	1 Lane PT, 2 Lanes ISR, 2 Lanes Lap	Lap Swim 6 Lanes	2 Lanes ISR, 3 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes
12:30 - 4pm	1 Lane PT, 1 Lane Lessons, 3 Lanes Lap	3p - HSC 6 Lanes	1 Lane Lessons, 4 Lanes Lap	3p - HSC 6 Lanes	1 Lane PT, 1 Lane Lessons, 3 Lanes Lap	3p - HSC 6 Lanes	1 Lane PT, 1 Lane Lessons, 3 Lanes Lap	3p - HSC 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes
4 - 6:30pm	1 Lane Lessons, 4 Lanes Lap	HSC 6 Lanes til 6p	1 Lane Lessons, 4 Lanes Lap	HSC 6 Lanes til 4:30p then Lap 6 Lanes	1 Lane PT, 1 Lane Lessons, 3 Lanes Lap	HSC 6 Lanes til 6p	1 Lane Lessons, 4 Lanes Lap	HSC 6 Lanes til 4:30p then Lap 6 Lanes	1 Lane Lessons, 4 Lanes Lap	HSC 6 Lanes til 6p	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes
6:30 - 9pm	Water Aerobics	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	Water Aerobics	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes	1 Lane Lessons, 4 Lanes Lap	Lap Swim 6 Lanes
9pm til	1 Lane Lessons, 4 Lanes Lap	Pool Closed	1 Lane Lessons, 4 Lanes Lap	Pool Closed	1 Lane Lessons, 4 Lanes Lap	Pool Closed	1 Lane Lessons, 4 Lanes Lap	Pool Closed	1 Lane Lessons, 4 Lanes Lap	Pool Closed	1 Lane Lessons, 4 Lanes Lap	Pool Closed	1 Lane Lessons, 4 Lanes Lap	Pool Closed

Our Indoor Pool is for fitness purposes only - Ages 13 & 14 must be directly supervised by a parent - Under 13 only allowed with a swim coach during a lesson
 Outdoor Pool Closes at 9pm daily - The Slide is closed for the season - Schedule may vary due to program size, special events or weather