

Fall Schedule - Effective August 9, 2021

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	6 Lane	8 Lane	6 Lane	8 Lane	6 Lane	8 Lane	6 Lane	8 Lane	6 Lane	8 Lane	6 Lane	8 Lane	6 Lane	8 Lane				
4:30 - 5:30am	CGPlus+ 4 Lanes, Lap 2 Lanes	HSC 6 Lanes, CGPlus+ 2 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	HSC 6 Lanes, CGPlus+ 2 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	HSC 6 Lanes, CGPlus+ 2 Lanes								
5:30 - 6:30am	CGPlus+ 4 Lanes, Lap 2 Lanes	HSC/SHS 8 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	Masters 5:30am SHS 6am 8 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	HSC/SHS 8 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	Masters 5:30am SHS 6am 8 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	HSC/SHS 8 Lanes								
6:30 - 7am	CGPlus+ 4 Lanes, Lap 2 Lanes	SHS 6 Lanes, CGPlus+ 2 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	SHS 6 Lanes, CGPlus+ 2 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	SHS 6 Lanes, CGPlus+ 2 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	SHS 6 Lanes, CGPlus+ 2 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	SHS 6 Lanes, CGPlus+ 2 Lanes								
7 - 8am	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes						
8 - 9am	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 4 Lanes, Lap 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	Masters 6 Lanes				
9 - 10am	Water Aerobics 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Water Aerobics 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Water Aerobics 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	CGPlus+ 2 Lanes, Water Aerobics 4 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Water Aerobics 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes				
10 - 11am	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes				
11am - 12pm	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes				
12 - 3:30pm	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes				
3:30 - 5pm	Free Swim 4 Lanes, Lap Swim 2 Lanes	PJP 6 Lanes, Lap Swim 2 Lanes	Free Swim 4 Lanes, Lap Swim 2 Lanes	PJP 6 Lanes, Lap Swim 2 Lanes	Free Swim 4 Lanes, Lap Swim 2 Lanes	PJP 6 Lanes, Lap Swim 2 Lanes	Free Swim 4 Lanes, Lap Swim 2 Lanes	PJP 6 Lanes, Lap Swim 2 Lanes	Free Swim 4 Lanes, Lap Swim 2 Lanes	PJP 6 Lanes, Lap Swim 2 Lanes	Free Swim 4 Lanes, Lap Swim 2 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes				
5 - 6:30pm	Masters Swim Team 5 Lanes (6-7pm) Free Swim 1 Lane	HSC 6 Lanes, Lap Swim 2 Lanes	TS Swim Team 5 Lanes Free Swim 1 Lane	HSC 6 Lanes, Free Swim 2 Lane	TS Swim Team 5 Lanes Free Swim 1 Lane	HSC 6 Lanes, Lap Swim 2 Lanes	TS Swim Team 5 Lanes Free Swim 1 Lane	HSC 6 Lanes, Free Swim 2 Lane	Free Swim 3 Lanes, CGPlus+ 3 Lanes	HSC 6 Lanes, Lap Swim 2 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes				
6:30 - 7:30pm	Free Swim 6 Lanes (7pm)	HSC 6 Lanes, Lap Swim 2 Lanes	TS Swim Team 5 Lanes (Til 7) Free Swim 1 Lane	HSC 6 Lanes, Free Swim 2 Lane	TS Swim Team 5 Lanes (Til 7) Free Swim 1 Lane	HSC 6 Lanes, Lap Swim 2 Lanes	TS Swim Team 5 Lanes (Til 7) Masters Swim 5 Lanes 7-8 Free Swim 1 Lane	HSC 6 Lanes, Free Swim 2 Lane	Free Swim 3 Lanes, CGPlus+ 3 Lanes	HSC 6 Lanes, Lap Swim 2 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Pools Close @ 5:45pm					
7:30 - 9:45pm	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 3 Lanes, CGPlus+ 3 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 3 Lanes, CGPlus+ 3 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	1 Lane 6:30-8pm & 6 Lanes 8 to Close	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes	CGPlus+ 4 Lanes, Lap 4 Lanes	Free Swim 6 Lanes, Pool Closes @ 7:45pm	CGPlus+ 4 Lanes, Lap 4 Lanes						

Schedule may vary due to program size, special events or weather. | During swim team practices members may need to ask coaching staff to open Lap Lanes.
 When NO LIFEGUARDS ON DUTY - SWIM AT YOUR OWN RISK! Children 17 and under MUST be accompanied by an adult 21 or older.
 The "Horseshoe" attached to the 8-Lane Pool is reserved for program-use first.
 CGPlus+ Lanes are reserved for CGPlus+ Members first - Check with the Front Desk to make sure there are no reservations before using a CGPlus+ Lane.