

With CGPlus+ you can reserve a swimlane up to 72 hours in advance!
Ask the Front Desk about adding CGPlus+ to your membership - Your first 30 days are FREE!

Fall Schedule - Effective February 9, 2021

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
5:15 - 6:15am	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Lap Swim 6 Lanes
6:15 - 9am	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
9 - 10am	Water Aerobics	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	Water Aerobics	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
10am - 12:30pm	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
12:30 - 3pm	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
3 - 4:30pm	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane PT, 1 Lane Lessons, CGPlus+ 2 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
4:30 - 5:30pm	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
5:30 - 6:30pm	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Swim Teams 3 Lanes, Lap 3 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Swim Teams 3 Lanes, Lap 3 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Swim Teams 3 Lanes, Lap 3 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
6:30-7:30pm	Water Aerobics	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
6:30 - 9pm	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes	1 Lane Lessons, CGPlus+ 3 Lanes, Lap Swim 1 Lane	Lap Swim 6 Lanes
9pm til	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed	CGPlus+ 3 Lanes, Lap Swim 2 Lanes	Pool Closed

Indoor Pool: For fitness purposes only. Under the age of 18 must be directly supervised by a parent. It is closed the 1st Friday of each month from 5:30-7:00pm.

CGPlus+ Lanes are reserved for CGPlus+ Members first - Check with the Front Desk to make sure there are no reservations before using a CGPlus+ Lane.

Outdoor Pool: Closes at 9pm daily. Under the age of 18 must be directly supervised by a parent. The water slide is closed for the season. Schedule may vary due to program size, special events or weather.