CG CROSS GATES FAMILY FITNESS

Reopening Updates June 23rd

- Child Care *New Longer Reservation Times*! Starts Thursday 6/25
 - At the request of parents who have been asking for longer than 1 hour per reservation, we have created a new schedule that allows for 1 hour and 30 min time slots and 2 hour reservations in the middle of the day.
 - These time slots still accommodate classes on the group exercise schedule.
 - Details <u>here</u>
- Updated **Group Exercise Schedule**, starting Monday, 6/29. The return of Line Dancing and a few class adjustments.
- Saunas, Steam Rooms & Whirlpools Reopen with 6ft spacing and capacity limits. Starting Monday, 6/29

We will continue all of our socially distancing guidelines and sanitation procedures as recommended by St. Tammany Parish officials for Phase 2 Coronavirus Reopenings.

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Phase Two Reopening Guidelines

New Club Hours: Effective Monday, June 8th

Gause Blvd. Location: Open 24 hrs.

Military Rd. Location: 4:30am -10pm Weekdays, Saturday 7am - 8pm & Sunday 8am - 8pm

Pontchartrain Dr Location: 4:30am -10pm Weekdays, Weekends 7am - 4pm

• Child Care by Reservation, June 8th

- Small Groups and Low Ratios
- Health Screenings & Extra Sanitation Procedures
- Reservations Required
- Click Here For Details

• Pools and Free Swimming, June 8th

- Pools will be open for free swimming.
- Lifeguards *will not* be on duty.
- Anyone under the age of 18 must have an adult 21 or older watching them.
- All pool furniture will be socially distanced.
- Pool counts will be kept to meet capacity guidelines, with an attendant monitoring groups of the same household.
- We are actively working to get a lifeguard staff certified. Our spring training session was canceled and the certifying organization has not been open to reschedule.
- New Pool Lap Lane Schedule starting, June 8th

Pool Hours

10am - 9pm Weekdays | 10am - 7pm Saturday and Sunday Gause Water Slide will not be open

• Spa & Lifestyle Store, June 5th

- <u>Reservations</u> for Massage, Facials and Beauty Treatments open Wednesday, June 3rd at 9am
- Services Start Friday, June 5th

• Group Exercise Classes In Person, June 1st:

- New Schedule
- Seated Chair classes will be on facebook live, with Senior programming returning in person for Phase 3.

• Showers, Lockers & Water Fountains, June 1st

