



## June 1st Reopenings

- Group Exercise Classes
  - All locations w/ [New Schedules](#)
  - Socially distanced w/ intense staff training on sanitation guidelines
- [Team Training](#)
- Water Fountains
- Showers
- Lockers
- [New Lap Lanes Schedule](#)
- Summer Camp & Tennis Camp ([Tennis Camp has open spots, register here](#))
  - Camp is allowed to reopen under specific guidelines. Child Care is considered a “kids play place” and we hope it will be allowed to reopen in phase two.
  - Summer Camp groups, because they are limited in size and consistent individuals not mixing with the general population, are allowed to swim with their groups.

## Governor's Phase Two Announcement

The Governor is anticipated to make his announcements for Phase Two guidelines the week of June 1st, we hope to get more information about reopenings that will become available starting June 5th including:

- Recreational Swimming
- Steam Rooms, Saunas & Whirlpools
  - Spa Services
- Child Care: we anticipate having a reservation system starting June 8th

# Phase One Reopening

Your Health Is Our #1 Priority

*The following guidelines will be enacted based on Phase One Reopening Guidelines from the CDC*



**OUR GOLDEN RULE:**

**Do it for  
each other.**

- Clean your equipment
- Maintain 6ft spacing
- Sanitize your hands

## General Guidelines:

### Members

- Contactless check in and point of sale
- Maintain 6ft distance from co-members while exercising
- Will be asked to clean their equipment before and after each use
  - In addition to regular cleanings by staff
- No groups or programming larger than 10 people
- Vulnerable populations are encouraged to remain home
- We encourage members to have masks available, but not use them during aerobic exercise

### Employees

- Intensive employee sanitation and health safety trainings
- Employee health screening performed daily
- Employees who interact with members at points of contact will wear protective masks and have temperature checks

### Facility Sanitation

- Before reopening, all facilities have been thoroughly sanitized with CDC approved medical grade products
- All fitness equipment and gathering areas will be cleaned on an increased schedule
- Additional sanitation stations have been added to all areas

# Phase One Reopening



In addition to thorough sanitation with medical grade cleaner, an increase in consistent cleaning, comprehensive employee training and monitoring, the following policies have been put in place.

## Temporary Club Hours For All Locations:

**Monday - Friday: 4:30am to 10pm**

**Saturday & Sunday: 7am to 4pm**

<b>Available For Members to Enjoy</b>	<b>Not Yet Available</b> <i>But quickly returning in Phase Two Guidelines</i>
Fitness Floor Workouts	Water Fountain & Bottle Fillers <i>(Please bring your own hydration)</i>
Cardio Machines	Showers, Wet Areas, Towel Service & Daily Lockers
Virtual Group Exercise Classes <i>In Person Classes Starting Soon</i>	Group Exercise Studios <i>In Person Classes Starting Soon</i>
Meal Prep Pick Up & Prepackaged Items <i>Military Rd. Cafe Coming Soon</i>	Child Care Services
Pools are open for Lap Swimming	Pools are closed for Free Swim
Tennis Courts & Lessons	Equipment rental for tennis, racquetball or any equipment
Personal Training	Team Training
CrossFit Classes Outdoors	Sports Complex
Indoor Tanning Beds	Spa Services

## *25% Limited Occupancy Guideline*

*Children under the age of 15 must have an adult present for programming, no drop off.*

## **Phase Two Guidelines**

Will see the reopening of:

- Locker Rooms fully open
- Child Care with low ratios
- Camps with low ratios
- Swimming & other programming resume as normal
- Expanded hours
- Increased sanitation procedures will continue including:
  - New guidelines for spacing, equipment cleaning and timing between classes
  - Requirements for hand sanitizing and health screenings in children's programs
  - Return of Senior Programming
  - And More

## **Phase Three Guidelines:**

- All programs, classes and events return to normal operation
- Vulnerable population hours will be M-F 1pm to 3pm